



bristol
YOUTH
LINKS

OFF THE RECORD Bristol

FREEDOM

Many of us question our sexuality or gender at some point in our lives. This can be a confusing and isolating process, especially if those around you don't understand. You are not alone!! Sometimes, being around other people experiencing similar things can help us to understand who we are and to feel part of a community.

Freedom is our LGBTQ service for young people aged 13+

Freedom is a fun, safe, inclusive and supportive project where you can meet other lesbian, gay, bi, trans, queer or questioning young people. It's open to anyone questioning their sexuality or gender - no labels applied!!

Freedom is a young person led project. It includes a weekly youth group for 14-19s, social events, workshops, trips, as well as activism and campaigning - but it can be whatever you want it to be! The project is fun and informal but you can also access specialist one-to-one and group support, including counselling.

Aged 16-25? Get involved with our outreach and peer education programme as a volunteer and gain valuable new skills as well as helping to raise awareness about LGBTQ issues.

INTERESTED?

For more information or an informal chat contact lgbtq@otrbristol.org.uk or give Hannah a call on **07814 250751**.

You can see more on our website at otrbristol.org.uk

Check Freedom out on Facebook too! facebook.com/freedomyouthlgbtq