



LGBTQ+ SUPPORT SERVICES

YOUNG PEOPLE

OTR FREEDOM

SUPPORT, GUIDANCE AND SOCIAL GROUPS FOR LGBTQ+ YOUNG PEOPLE IN BRISTOL AND SOUTH GLOS
WWW.OTRBRISTOL.ORG.UK/WHAT-WE-DO/FREEDOM

GENDERED INTELLIGENCE

COMMUNITY SUPPORT FOR TRANS, NON BINARY AND GENDER DIVERSE YOUNG PEOPLE
WWW.GENDEREDINTELLIGENCE.CO.UK

AKT

SUPPORTING LGBTQ+ YOUNG PEOPLE AGED 16-25 AT RISK OF HOMELESSNESS
WWW.AKT.ORG.UK

PARENTS, CARERS, AND FAMILIES

FFLAG

INFORMATION AND SUPPORT FOR PARENTS AND CARERS OF LGBTQ+ PEOPLE:
WWW.FFLAG.ORG.UK

MERMAIDS

INFORMATION AND SUPPORT FOR TRANS AND GENDER DIVERSE YOUNG PEOPLE AND THEIR FAMILIES
WWW.MERMAIDSUK.ORG.UK / 0808 801 0400





LGBTQ+ SUPPORT SERVICES

OTHER SERVICES

GALOP

LGBTQ+ ANTI-VIOLENCE CHARITY, OFFERING SUPPORT AROUND HATE CRIME

GALOP.ORG.UK / 0800 999 5428

SARI

SUPPORT, ADVOCACY AND GUIDANCE FOR ANYONE WHO HAS BEEN A VICTIM OF A HATE CRIME

WWW.SARIWEB.ORG.UK / 0117 942 0060

REGARD

INFORMATION AND GUIDANCE FOR LGBTQ+ PEOPLE WHO SELF IDENTIFY AS DISABLED

WWW.REGARD.ORG.UK

HIDAYAH

SUPPORT, INFORMATION AND ADVICE FOR LGBTQ+ MUSLIMS

WWW.HIDAYAHLGBT.CO.UK

KIKI

SOCIAL SPACES FOR QUEER, TRANS, AND INTERSEX PEOPLE OF COLOUR

WWW.FACEBOOK.COM/KIKISOCIALS/

MICRO RAINBOW

SERVICES FOR LGBTQ+ REFUGEES AND ASYLUM SEEKERS

WWW.MICRORAINBOW.ORG

PRIDE WITHOUT BORDERS

SUPPORT AND SOCIAL ACTIVITIES FOR LGBTQ+ REFUGEES AND ASYLUM SEEKERS IN BRISTOL

WWW.BRISTOLREFUGEERIGHTS.ORG/HOW-WE-HELP/PRIDE-WITHOUT-BORDERS/





LGBTQ+ SUPPORT SERVICES

HELPLINES AND WEBCHATS

MINDLINE TRANS

**FREE, CONFIDENTIAL MENTAL HEALTH SUPPORT HELPLINE FOR ANYONE WHO IDENTIFIES AS TRANS,
NON BINARY OR GENDER DIVERSE
BRISTOLMIND.ORG.UK / 0300 330 5468**

LGBT+ SWITCHBOARD

**FREE, CONFIDENTIAL HELPLINE FOR ANYONE WHO IDENTIFIES AS LGBTQ+
SWITCHBOARD.LGBT / 0300 330 0630**

INTERCOM TRUST

**FREE, CONFIDENTIAL HELPLINE FOR LGBTQ+ PEOPLE IN THE SOUTHWEST
INTERCOMTRUST.ORG.UK / 0800 612 3010**

MINDOUT

**INFORMATION AND MENTAL HEALTH SUPPORT
MINDOUT.ORG.UK**