



THE
—



ZAZI LIBRARY



oTR



CONTENTS

What is Project Zazi?	3
Books and poetry	4-15
Comics/Graphic Novels	16
Interviews	17
Youtube channels	18-19
Online resources	
Websites	20
Instagram	21
Other	22
Podcasts	23
Movies + TV	24
Other	25

WHAT IS PROJECT ZAZI?

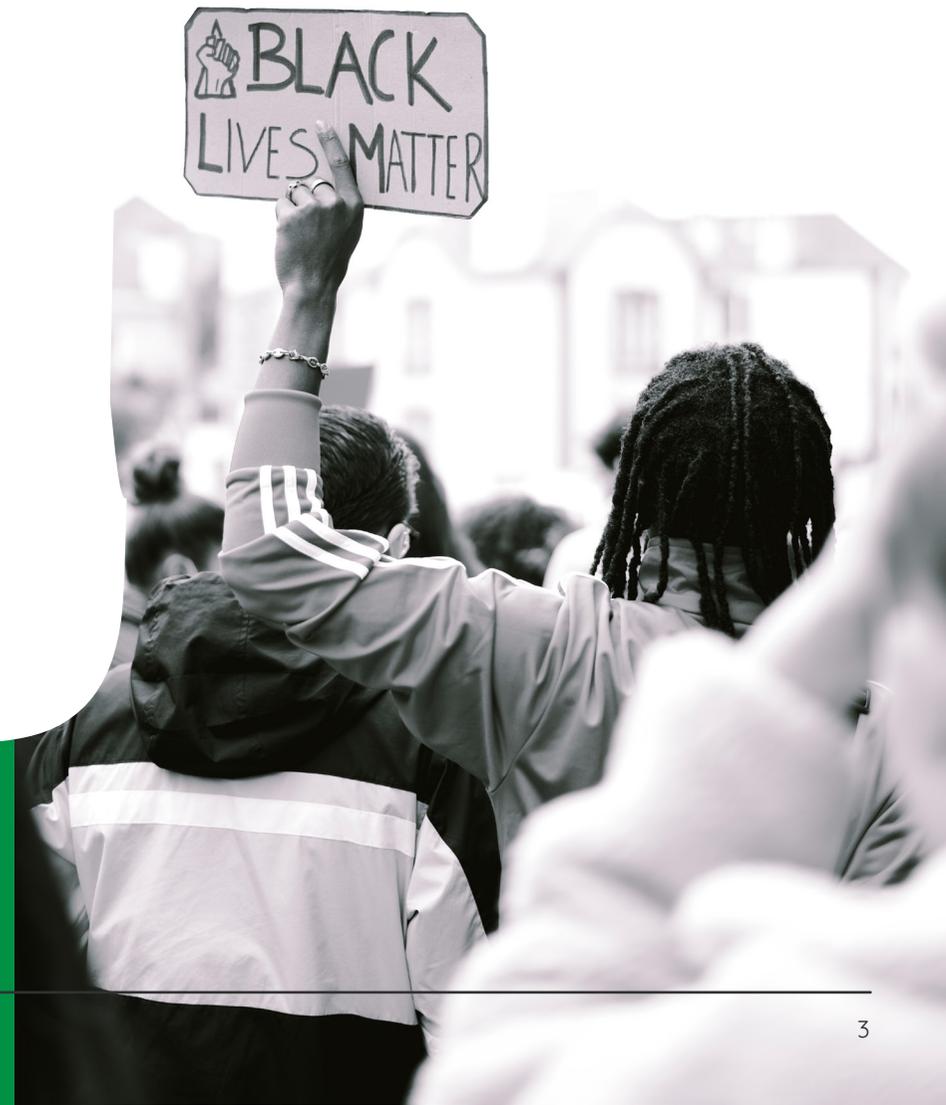
Project Zazi is the name for OTR (Off the Record Bristol)'s project which works with Black and Minority Ethnic (BME) young people to tackle issues of inequality, discrimination, oppression, culture and identity.

The project offers a mix of one-to-one support and different kinds of group work, where young people across Bristol and South Gloucestershire can explore identity and culture, try new activities and learn new skills.

The aim of Project Zazi is to promote good physical and mental health, healthy relationships and positive lifestyles.

The Project Zazi team have put together this collection of insightful and informative resources around BME history, culture and health.

If you are interested in learning more about Zazi and OTR, visit otrbristol.org.uk/zazi and follow us on Instagram - [@otrbristol](#) and [@otrzazi](#)





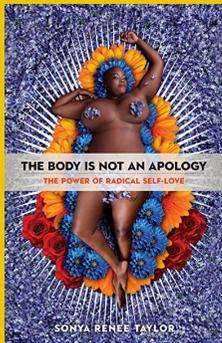
Young people



Professionals



Parents

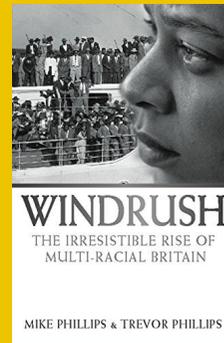


The Body is not an Apology

Sonya Renee Taylor



The Body Is Not an Apology offers radical self-love as the balm to heal the wounds inflicted by violent systems. World-renowned activist and poet Sonya Renee Taylor invites us to reconnect with the origins of our minds and bodies and celebrate our collective, enduring strength. This book explains how we must love ourselves regardless of every system and institution telling us we shouldn't.

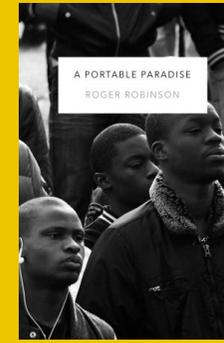


Windrush: The Irresistible Rise of Multi-Racial Britain

Mike and Trevor Phillips



This explains in detail a full account of the windrush story, with first hand stories from those abroad. These stories are about the immigrant experience and the ideas and thoughts about Britain at the time. This might be particularly useful for young people, and staff working with young people.

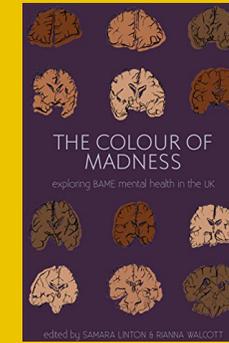


A Portable Paradise

Roger Robinson



This is a collection of poems relating to the experiences of people of colour in London — a very short read but very good! Suitable for young adults and adults.



The Colour of Madness

Samira Linton



A fascinating, but at times emotionally difficult, read about the experience of BAME people within mental health (specifically psychiatric) spaces.



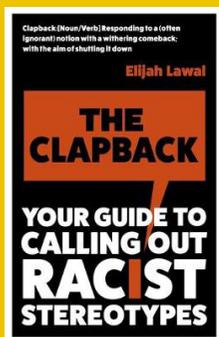
Young people



Professionals



Parents

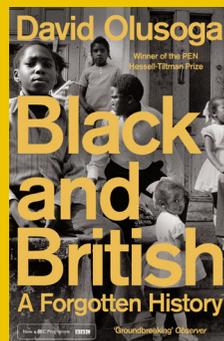


The Clapback

Elijah Lawal



An amazing read, dealing with the ignorant stereotypes that black people face in the UK.

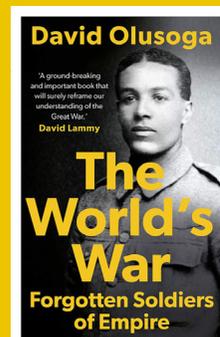


Black and British

David Olusoga



Quite possibly one of the best books on black history in the UK! Gives a 400-year scope on the history of black people in Britain and has been recommended by loads of scholars.

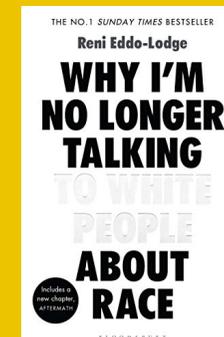


The World's War

David Olusoga



A fascinating account of the unheard stories of World War 1 and 2 that involved people of colour who fought and died for the colonial powers.



Why I'm no longer talking to white people about race

Reni Eddo-Lodge



This book gives a fabulous account of Reni trying to explain how racism in the UK is still thriving today, and how infuriating it can be when these facts are pushed to the side. White feminism is also discussed in great depth in one chapter and many of her own thoughts and experiences are retold through the book.

BOOKS + POETRY

ESPECIALLY GOOD FOR...



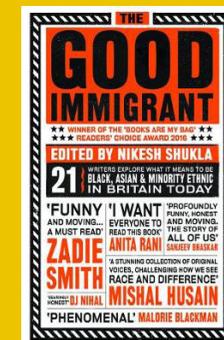
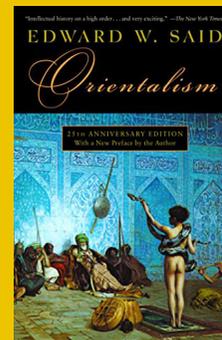
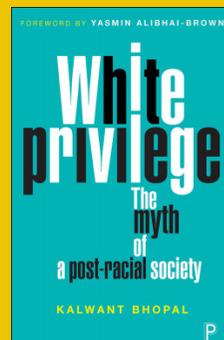
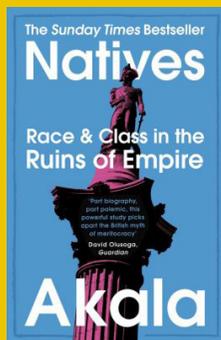
Young people



Professionals



Parents



Natives: Race and class in the ruins of empire

Akala



A really clear introduction to the Black history that tends to get skated over or completely ignored in UK schools, and the way that historical racism is still being played out. Explores racism through the lens of the British empire and commonwealth nations, how our histories have collided and how empire and its history still play a huge part of how class and race affect the lives of all generations.

White Privilege: The Myth of a Post-Racial Society

Kalwant Bhopal



Drawing on topical debates and supported by empirical data, this book examines the impact of race on wider issues of inequality and difference in society but still feels easy to understand. It also shows how certain types of whiteness are not privileged — Gypsies and Travellers for example, communities who remain marginalised and disadvantaged in society.

Orientalism

Edward Said



This is a fascinating read about the misinformation that the west creates about the east and the overall 'othering' of the east. A really dense history on the Israel-Palestine conflict and how the west plays a huge and immoral part in that. Most suitable for adults and staff working with young people.

The Good Immigrant

Nikesh shukla



This is an amazing book full of short stories about different immigrant experiences in the UK. A lot of the content explores the racism they experience, but spun in a reflective way and with the aim of teaching us a little about just how diverse each race's experiences can be.

BOOKS + POETRY

ESPECIALLY GOOD FOR...



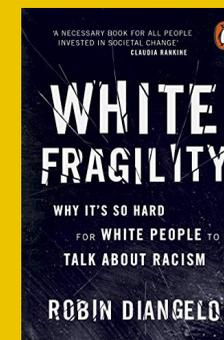
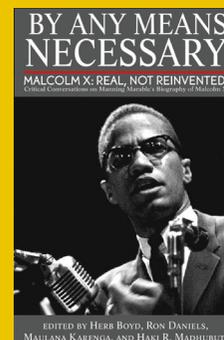
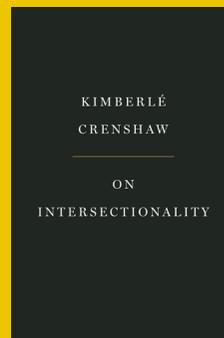
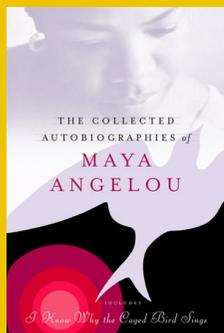
Young people



Professionals



Parents



Maya Angelou's Autobiography

Maya Angelou



This is Maya Angelou's whole life story, written in her own words, through six books — from her first memories (going on a train with her brother to live with in the deep south with her grandmother who was born in a slave cabin) to the early 2000s. It's absolutely phenomenal how well she has reflected on her life so honestly and has lived through so much. Most suitable for young adults and adults.

Intersectionality

Kimberlé Crenshaw



This book shows the key essays and articles that have defined the concept of intersectionality collected together for the first time. Crenshaw explores how a holistic analysis of discrimination gives rise to a better understanding of social forces. This new account covers the evolution of the meaning of intersectionality over the course of two decades and how this concept has radically changed the face of social justice activism.

By Any Means Necessary

Malcolm X



Speeches tracing the evolution of Malcolm X's views on political alliances, women's rights, intermarriage, capitalism and socialism. Malcolm X shares his views on how race and privilege control the world and the quality of life for black people. It's emotional, inspirational and many people say this book has changed their lives and how they see the world and each other.

White Fragility: Why it is so hard to talk to white people about race

Doctor Robin DiAngelo



This book attempts to illustrate to a white audience how there can often be a tendency to excuse microaggressions and dismiss the existence of racism as a whole. It has been described as a book written by a white person for white people, and is really good at breaking down concepts like white privilege in a way that is hard to argue against.



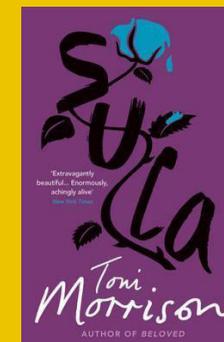
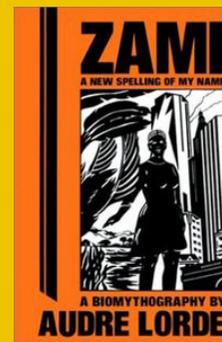
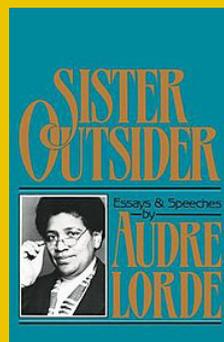
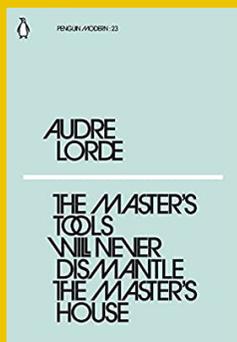
Young people



Professionals



Parents



'The Master's Tools Will Never Dismantle the Master's House'

Audre Lorde



A collection of essays on the power of women — and specifically the power of black women. Has been named a classic and can be interpreted in all kinds of ways by all ages.

Sister Outsider

Audre Lorde



This collection of fifteen essays written between 1976 and 1984 gives clear voice to Audre Lorde's literary and philosophical personae. These essays explore and illuminate the roots of Lorde's intellectual development and her deep-seated and longstanding concerns about ways of increasing empowerment among minority women writers and the absolute necessity to explicate the concept of difference—difference according to sex, race, and economic status.

Zami

Audre Lorde



ZAMI is a fast-moving chronicle. From the author's vivid childhood memories in Harlem, to her coming of age in the late 1950s, the nature of Audre Lorde's work is cyclical. It especially relates the linkage of women who have shaped her.

Sula

Toni Morrison



This story is about the lives of two black heroines from their close-knit childhood in a small Ohio town, through their sharply divergent paths of womanhood, to their ultimate confrontation and reconciliation.

Nel Wright has chosen to stay in the place where she was born, to marry, raise a family, and become a pillar of the black community. Sula Peace has rejected the life Nel has embraced, escaping to college, and submerging herself in city life. When she returns to her roots, it is as a rebel and a wanton seductress. Eventually, both women must face the consequences of their choices. Together, they create an unforgettable portrait of what it means and costs to be a black woman in America. Contains some adult content.

BOOKS + POETRY

ESPECIALLY GOOD FOR...



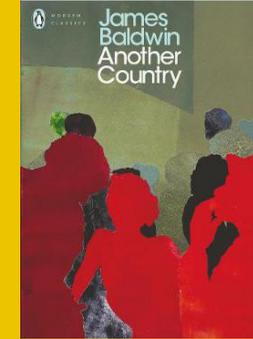
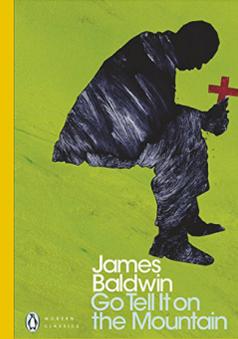
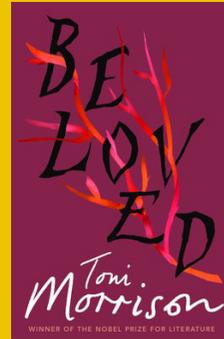
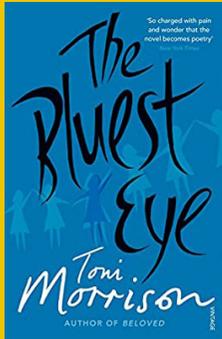
Young people



Professionals



Parents



The Bluest Eye

Toni Morrison



Set in the author's girlhood hometown of Lorain, Ohio, it tells the story of black, eleven-year-old Pecola Breedlove. Pecola prays for her eyes to turn blue so that she will be as beautiful and beloved as all the blond, blue-eyed children in America. In the autumn of 1941, the year the marigolds in the Breedloves' garden do not bloom. Pecola's life does change- in painful, devastating ways.

Beloved

Toni Morrison



This book is a whirlwind of a story which loads of people say is Morrison's best. It tells the story of a woman Sethe who was born as a slave and her past still haunts her and she goes through quite a journey mentally.

Go Tell It On A Mountain

James Baldwin



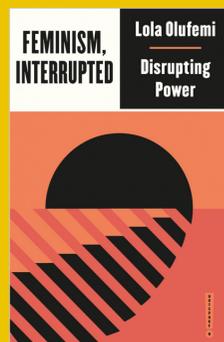
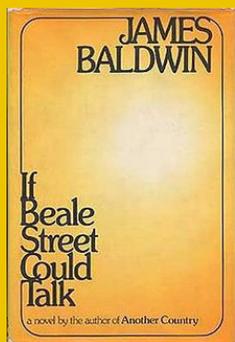
Baldwin chronicles a fourteen-year-old boy's discovery of the terms of his identity as the stepson of the minister of a storefront Pentecostal church in Harlem one Saturday in March of 1935. Baldwin's rendering of his protagonist's spiritual, sexual, and moral struggle of self-invention opened new possibilities in the American language and in the way Americans understand themselves. This book is a natural classic.

Another Country

James Baldwin



Another Country is a novel of passions--sexual, racial, political, artistic--that is stunning for its emotional intensity and haunting sensuality, depicting men and women, blacks and whites, stripped of their masks of gender and race by love and hatred at the most elemental and sublime.



If Beale St Could Talk

James Baldwin



James Baldwin has given America a moving story of love in the face of injustice. Told through the eyes of Tish, a nineteen-year-old girl, in love with Fonny, a young sculptor who is the father of her child, Baldwin's story mixes the sweet and the sad.

Feminism Interrupted: Disrupting Power

Lola Olufemi



Lola Olufemi explores state violence against women, the fight for reproductive justice, transmisogyny, gendered Islamophobia and solidarity with global struggles, showing that the fight for gendered liberation can change the world for everybody when we refuse to think of it solely as women's work. Including testimonials from Sisters Uncut, migrant groups working for reproductive justice, prison abolitionists and activists involved in the international fight for Kurdish and Palestinian rights, Olufemi emphasises the link between feminism and grassroots organising.

I Am Not Your Baby Mother (Navigating Black Motherhood)

Candice Brathwaite



Candice started blogging about motherhood in 2016 after making the simple but powerful observation that the way motherhood is portrayed in the British media is wholly unrepresentative of our society at large in terms of race representation. She writes with humour, but also straight-talk about facing hurdles such as white privilege, racial microaggression and unconscious bias at every point.

Mask Off (Masculinity Redefined)

JJ Bola



In Mask Off, JJ Bola exposes masculinity as a performance that men are socially conditioned into. Using examples of non-Western cultural traditions, music and sport, he shines light on historical narratives around manhood, debunking popular myths along the way. He explores how LGBTQ+ men, men of colour, and male refugees experience masculinity in diverse ways, revealing its fluidity, how it's strengthened and weakened by different political contexts, such as the patriarchy or the far-right, and perceived differently by those around them.

BOOKS + POETRY

ESPECIALLY GOOD FOR...



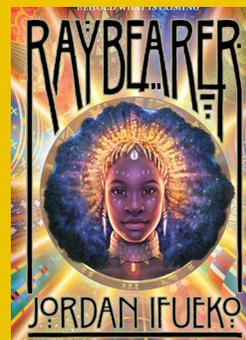
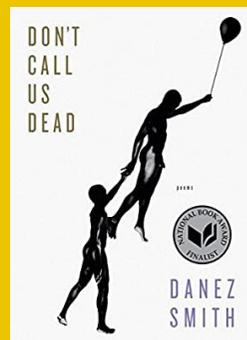
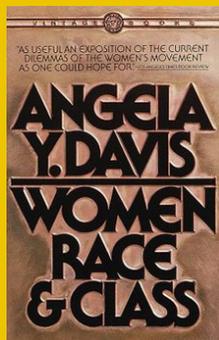
Young people



Professionals



Parents



Women Race and Class

Angela Davis



This book has everything. It discusses movements and intersectionality, why some people are not too happy to join in social injustice protests and also a very concise and well-rounded discussion of power in regards to women, race and class. Beautiful and very detailed.

'Don't call us Dead'

Poetry by Danez Smith



Eye opening. Danez is a black, queer, non-binary writer who is HIV positive. There's the added benefit here that they're approachable for visual and auditory learners too as they are also a poetry performer and a lot of their work is available on YouTube.

Raybearer

Jordan Ifueko



Quite possibly the most beautifully immersive YA Fantasy Novel around! Raybearer is inspired by West African Mythology and is set in the Global Empire of Aritsar where we follow Tarisai, a young girl from Swana who is desperate for the affections and approval of her mother, a woman only known as 'The Lady'. One day The Lady commands Tarisai to go to the Capital of Aritsar and gain the love of the Crown Prince Dayo, and then kill him.

The Muse

Jessie Burton



This follows the story of Odelle Bastien, a Caribbean immigrant experiencing Britain in the 60's, who has recently found a job at an Art gallery and Olive Schloss, a new face in rural Spain in the 1930's. Through their stories comes the discovery of a painting. Who painted it? Where did it come from? Why has it been hidden for all these years?

BOOKS + POETRY

ESPECIALLY GOOD FOR...



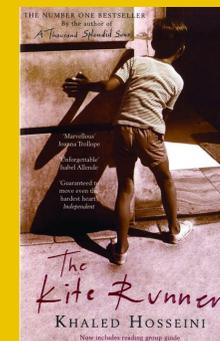
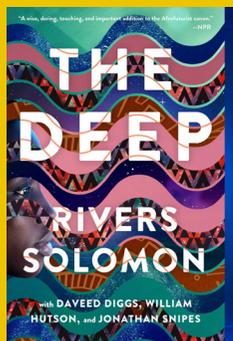
Young people



Professionals



Parents



The Deep

Rivers Soloman



A fantasy epic! The water-breathing descendants of African slave women tossed overboard have built their own underwater society and must reclaim the memories of their past to shape their future.

Girl, Woman, Other

Bernadine Evaristo



'Girl, Woman, Other' is the story of 12 women of colour told in their own voices and shows the different triumphs and struggles of each - tracking their lives and loves through generations and social classes, Girl, Woman, Other weaves a distinctive, illuminating tapestry of modern British life. An amazing read!

Black Brother, Black Brother

Jewell Parker Rhodes



Donte wishes he were invisible. As one of the few black boys at Middlefield Prep, he feels as if he is constantly swimming in whiteness. Most of the students don't look like him. They don't like him either. Dubbed the "Black Brother," Donte's teachers and classmates make it clear they wish he were more like his lighter skinned brother, Trey. Quiet, obedient. When an incident with "King" Alan leads to Donte's arrest and suspension, he knows the only way to get even is to beat the king of the school at his own game: fencing. An incredibly important story about colorism.

The Kite Runner

Khaled Hosseini



The unforgettable, heartbreaking story of the unlikely friendship between a wealthy boy and the son of his father's servant, *The Kite Runner* is a beautifully crafted novel set in a country that is in the process of being destroyed. It is about the power of reading, the price of betrayal, and the possibility of redemption; and an exploration of the power of fathers over sons—their love, their sacrifices, their lies.

BOOKS + POETRY

ESPECIALLY GOOD FOR...



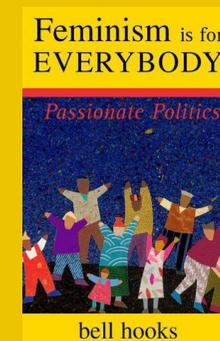
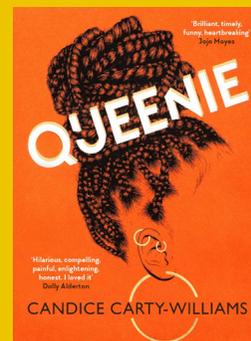
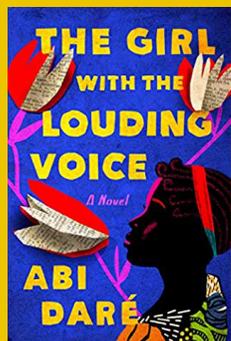
Young people



Professionals



Parents



The Girl With The Louding Voice

Abi Dare



The inspiring story of a teenage girl growing up in a rural Nigerian village who longs to get an education so that she can find her “louding voice” and speak up for herself, *The Girl with the Louding Voice* is a simultaneously heartbreaking and triumphant tale about the power of fighting for your dreams.

Genesis Begins Again

Alicia D. Williams



This is the story of a thirteen-year-old girl who is filled with self-loathing and must overcome internalized racism and a verbally abusive family to finally learn to love herself. There are ninety-six things Genesis hates about herself. She knows the exact number because she keeps a list. Like #95: Because her skin is so dark, people call her charcoal and eggplant—even her own family. When Genesis reaches #100 on the list of things she hates about herself, will she continue on, or can she find the strength to begin again?

Queenie

Candice Carty-Williams



Queenie is a young black woman from South London whose life is slowly spinning out of control - you're rooting for her as she tries to find her way back to some sort of normality. It's funny, moving and dramatic!

Feminism is for everybody

Bell Hooks



For anybody trying to read more feminist politics and discourse, this is for you! Bell Hooks introduces a popular theory of feminism rooted in common sense and the wisdom of experience. Hers is a vision of a beloved community that appeals to all those committed to equality, mutual respect, and justice. Hooks applies her critical analysis to the most contentious and challenging issues facing feminists today, including reproductive rights, violence, race, class, and work.

BOOKS + POETRY

ESPECIALLY GOOD FOR...



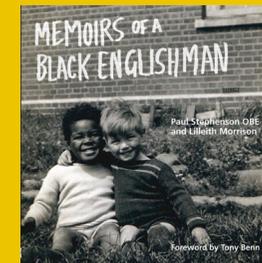
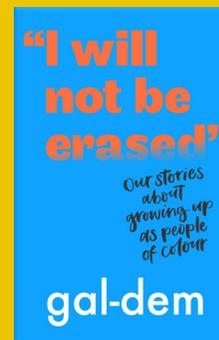
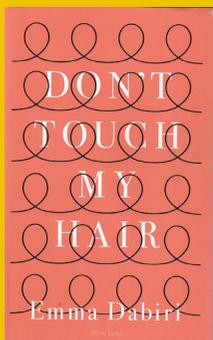
Young people



Professionals



Parents



Don't Touch My Hair

Emma Dabiri



'Don't Touch My Hair' looks at how black hairstyling culture can be understood as an allegory for black oppression and liberation.

Brit(ish)

Afua Hirsch



This book is about the mixed race British experience told from the personal perspective of the author.

I will not be erased

gal-dem



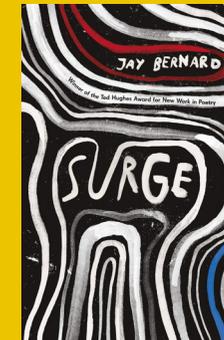
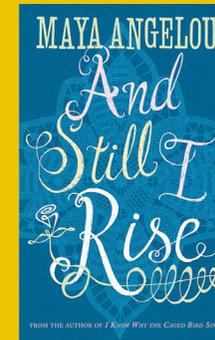
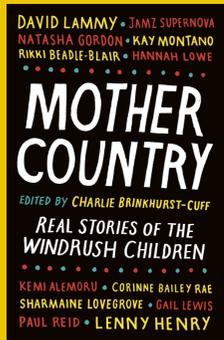
In this thought-provoking and moving collection of fourteen essays, gal-dem's writers use raw material from their teenage years – diaries, poems and chat histories – to explore growing up. These essays tackle important subjects including race, gender, mental health and activism, making this essential reading for any young person.

Paul Stephenson OBE: Memoirs Of A Black Englishman

Paul Stephenson



Paul Stevnsen is a Bristol local activist who helped engineer the Bristol Bus Boycott and has been a true champion of equal rights. This is his story.



Mother Country

Charlie Brinkhurst-Cuff



An exploration of the Windrush generation featuring David Lammy, Lenny Henry, Corinne Bailey Rae, Sharmaine Lovegrove, Hannah Lowe, Jamz Supernova, Natasha Gordon and Rikki Beadle-Blair. This remarkable book explores the reality of their experiences, and those of their children and grandchildren, through 22 unique real-life stories spanning more than 70 years.

Selected poems

by Linton Kwesi Jonson



Phonetically written in Jamaican dialect, these poems shine a light on the black experience in Britain - the lows; police brutality, unemployment, working against stereotypes and the highs; the music, the culture, friendship, love and urban life.

And Still I Rise

Poetry by Maya Angelou



Maya Angelou celebrates what it means to be a woman, and to be black in a playful celebratory style.

Surge

Poetry by Jay Bernard



A collection of poems by London born Jay Bernard that are framed around certain significant events in black UK history including the Grenfell fire.

COMICS/GRAPHIC NOVELS

ESPECIALLY GOOD FOR...



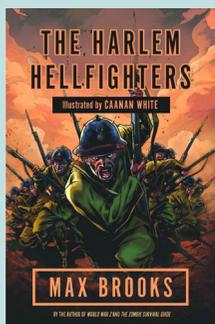
Young people



Professionals



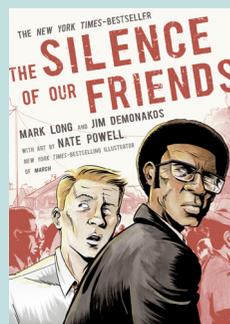
Parents



The Harlem Hellfighters



The riveting story of the highly decorated, barrier-breaking, historic black regiment—the Harlem Hellfighters. In 1919, the 369th infantry regiment marched home triumphantly from World War I. Though they returned as heroes, this African American unit faced tremendous discrimination, even from their own government.



The Silence of Our Friends



This semi-autobiographical tale is set in 1967. A white family from a notoriously racist neighborhood and a black family from its poorest ward cross Houston's color line, overcoming humiliation, degradation, and violence to win the freedom of five black college students unjustly charged with the murder of a policeman.

INTERVIEWS

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents



Akala's interview with Ash Sarker



Discussing the British empire, politics and his own experiences of racism in the UK, Akala gives perspective on class and race and how they affect an individual's life in terms of how they are perceived — and their quality of life as a result.



Jane Elliot - A World Of Difference



Jane Elliot gives amazing insight into thinking traps as they pertain to race, unlocks loads of knowledge about how we came to be this way, and shares her vision of the future. She is known and became famous because of her 'blue eyes, brown eyes' experiment which she conducted in her Year 3 class after the assassination of Dr Martin Luther King Jr.

Watch more

YOUTUBE CHANNELS

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents



Rian Phin



Rian makes great videos on eco-feminism and how it intersects with race, and has also been producing film break-downs of white privilege. Rian also speaks of their experience of autism and makes amazing DIY clothes!

[Watch more](#)



AKALA



Akala's channel is full of amazing resources for young people - and adults working with young people to get stuck into. Akala is also an amazing musician and scholar with loads to offer our young people. He also does an amazing book series where he recommends a book each week and explains why it is good and what it is about.



Ibz Mo



Ibz is a South Asian Youtuber who is studying at Cambridge University. Unapologetically truthful about his experiences, Ibz is hilarious, really sweet and insightful. He makes videos showing different parts of the Cambridge life and how he and his friends manage to stay true to themselves. He also gives out advice on A-Levels and university life.

YOUTUBE CHANNELS

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents



fictionalfates



Joel (Pronouns: He/Him) is a Jamaican Welsh Bisexual Booktuber who posts wholesome bookish content.



The Black Curriculum



A really nice channel full of short stories around Black history, perfect for educating young minds!

ONLINE RESOURCES

ESPECIALLY GOOD FOR...



Young people

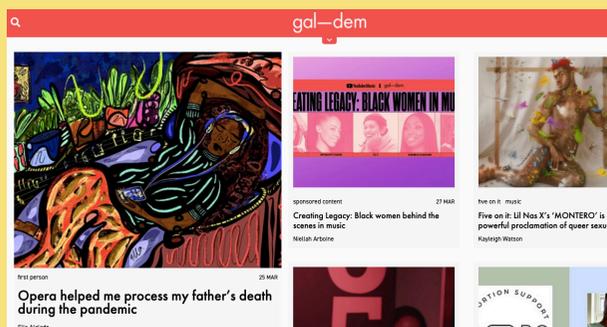


Professionals



Parents

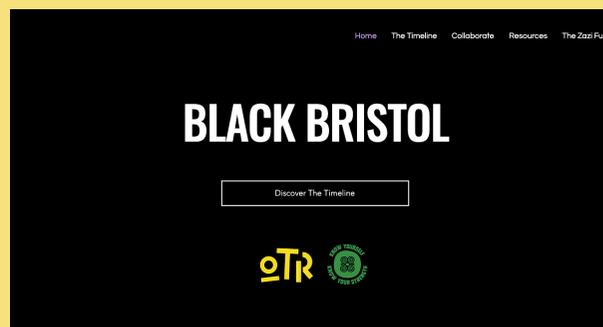
WEBSITES



Gal-dem.com



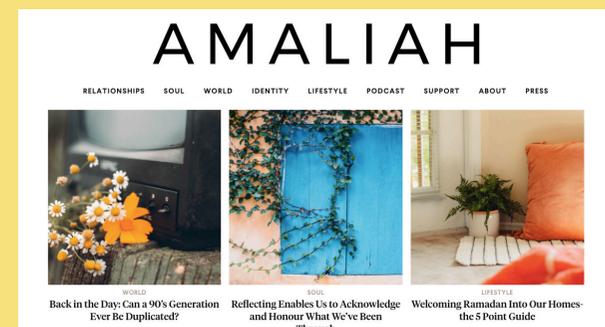
Joel (Pronouns: He/Him) is a Jamaican Welsh Bisexual Booktuber who posts wholesome bookish content.



Blackbristol.com



A resource which seeks to tell the stories of the Black History makers of Bristol.



Amaliah.com



An online magazine amplifying the voices of Muslim women.

ONLINE RESOURCES

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents

INSTAGRAM



[@thehistorycorridor](#)



School teachers in North West London posting about Black people and People of Colour in British history.



[@sabah.c](#)



Trans Muslim youth worker and psychotherapist (in training) posting about being a queer Muslim Person of Colour.



[@ogorchukwu](#)



Nigerian-American artist creating accessible posts on racialisation and wellness.

ONLINE RESOURCES

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents

OTHER

Two really useful introductions for white people (especially those identifying or read as women) to the idea of white tears; the weaponizing of white femininity and the way racism dictates who is allowed to display particular emotions:



Ruby Hamad - How white women use strategic tears to avoid accountability

Joel (Pronouns: He/Him) is a Jamaican Welsh Bisexual Booktuber who posts wholesome bookish content.



Shannon Barber - White people weaponising your emotions to avoid their racism

A resource which seeks to tell the stories of the Black History makers of Bristol.

PODCASTS

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents



Yoga Is Dead - Podcast



Yoga Is Dead podcasts are yoga-specific but very upfront about calling out cultural appropriation and racism in the western yoga world. Two South Asian yoga teachers lead the talks.



Black Girls Livin'



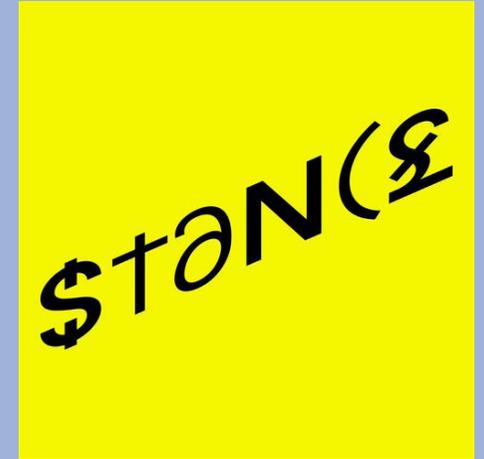
Two women talk popular culture and mental health.



Have You Heard George's Podcast?



George the Poet delivers his take on city life through a mix of storytelling, music and fiction.



Stance



A celebration of arts, culture, music and original stories from fresh perspectives

ESPECIALLY GOOD FOR...



Young people



Professionals



Parents



The Colour Of Fear



Black Panther

2018, Film



T'Challa, heir to the hidden but advanced kingdom of Wakanda, must step forward to lead his people into a new future and must confront a challenger from his country's past.



Small Axe

(Show on BBC iPlayer)



Love letters to black resilience and triumph in London's West Indian community, directed by Oscar winner Steve McQueen. Vivid stories of hard-won victories in the face of racism.



The Long Goodbye

Short film



A dystopian short film by Riz Ahmed about the position of South Asians in Britain.



LECTURES

Akala - Full Oxford Union Address

Akala presents an amazing lecture on the history of Africa and more importantly, how Africa was seen in the earliest times by those who explored it and how lies and misinformation became more important than those earlier facts. Her goes into amazing depth on Egypt and how the world tries to paint over the fact that the great Egyptian empire was full of black faces, no matter how hard Europeans tried to change this.

Joy DeGruy - Post Traumatic Slave Syndrome

An amazing lecture where Dr Joy goes into depth about the implications of American chattel slavery on each enslaved individual and how that has a lasting impact on the mental health of African Americans today.

RESOURCE



A Parent's Guide To Black Lives Matter

This is quite possibly the best resource to learn and explore the important issues of today concerning race all across the globe (BLM movement, George Floyd, Grenfell and and white privilege). Offering insight into how to have difficult conversations with young people of all ages from a guardian's perspective.



FIND OUT MORE ABOUT ZAZI AND OTR:



[OTRBRISTOL.ORG.UK/ZAZI](https://otrbristol.org.uk/zazi)

[@OTRBRISTOL](#) (FACEBOOK, INSTAGRAM, TWITTER)

[@OTRZAZI](#) (INSTAGRAM)