



Support organisations - Christmas availability
Collated by OTR Bristol

Kooth:

- **Kooth.com**
 - 23rd December - open as normal
 - 24th December - 12-8pm
 - 25th December - 4-8pm
 - 26th December - 4-8pm
 - 27th-30th December - open as normal
 - 31st December - 12-8pm
 - 1st January - 4-8pm
 - 2nd Jan - open as normal

Bristol Sanctuary:

- **Contact number: 0117 954 2952**
 - Open normal times during the Xmas period: Friday, Saturday, Sunday and Monday from 6pm-12.30am. Open 20th 21st, 22nd, 23rd, 27th, 28th, 29th and 30th December.
 - Christmas and Boxing Day is not their usual days, so they remain unaffected.
 - YP can contact them after 4:30pm on 01179542952. Use 07709295661 for drop-in or appointment.

Bristol Mind:

- **Contact number: 0117 980 0370**
 - Lunchtime (around 1pm on 24th December), closed and re-opens on the 2nd January 2020 at 9am.
 - Drop-ins are closed from the 24th December 2019 - 2nd January 2020.
 - Mind-Line helpline: running normally except the 25th, 26th December and 1st January 2020.

Vita Health

- **Contact number: 0333 200 1893**
 - 24th December, open as usual (but subject to change)
 - 31st December, open as usual (but subject to change)
 - 25th, 26th December and 1st January 2020 - closed

Second Step Bristol:

Contact number: 0117 909 6630

- Closed on the bank holidays (25th, 26th December 2019; 1st January 2020)

Barnardo's

- **Base project:**
- **Contact number - 01179349726**
 - For young people to access their service, you need to refer them to their service by contacting them on this number and tell them what you think, know or see. Then, they

have an initial screening by them, which would allow YP to drop in to access their services.

SISH Bristol

- Open every Tuesday evening (for their mixed support group) **6:30pm - 8 pm** except **24th and 31st December 2019**.

Social Media:

<http://www.sishbristol.org.uk/>

www.twitter.com/SISHBristol

<https://www.facebook.com/SISHBristol>

St Mungo's

- **Mental Health Floating Support team:**
 - Open throughout office hours including bank holidays.
 - Provide support over the phone *occasionally* in signposting advice with MH issues.
- **Bristol Sanctuary Team**
 - The service's telephone line will also be open 4.30pm - 1am
 - Friday, Saturday, Sunday and Monday evenings
- **Men's Crisis House – business as usual 24/7.**
 - Email: awp.bhmhmeniscrisishouse@nhs.net
 - Supports men experiencing MH problems where hospital admission is the only viable option.
 - Provides ten bedrooms in a large house with 24-hour support.
 - Communal healthy meals are provided in a shared kitchen, while residents are also supported to prepare their own meals and encouraged to take part in the day-to-day running and decision making of the house.
 - Anyone can refer

Samaritans

- **116 123**
- **Samaritans.org**
 - Open as normal throughout Christmas period

Campaign Against Living Miserably

- **0800 58 58 58**
- **Thecalmzone.net**
 - Open as normal

Homelessness

Caring at Christmas 2019 – dates, times, what's on offer

Day Centre

- Trinity Centre, Trinity Rd, BS2 0NW
- Monday 23rd December to Sunday 29th December
- Open every day from 10am to 6pm
- Hot meal served from 1pm
- Sandwiches and other snacks available throughout the day
- Wellbeing, entertainment, medical and other services available throughout the day

- The centre is open access

Night Shelter

- The Julian Trust Night Shelter, Little Bishop Street, BS2 9JF
- Open Monday 23rd December 2019 to Wednesday 1st January 2020
- Open each evening 6pm until 10am the following morning
- Hot meal served in the evening and cooked breakfast each morning
- Wellbeing, entertainment, medical and other services available in the evening
- Access to the shelter is as follows:
 - Monday 23rd December to Sunday 29th December access is restricted to those on bed list or staying at other shelters
 - Monday 30th and Tuesday 31st December access is open in the evenings

Referring people for a bed at the night shelter

St Mungo's will be referring people to our bed list in the week before we open (from 16th December). They will do this as part of their normal outreach and they will also attend the Julian Trust and Wild Goose to sign people up.

It's quick and easy to get signed up, it doesn't require a full assessment. There's a form to complete and guests sign to confirm they don't have a bed elsewhere. People can sign up for the entire 9 nights or indicate which nights they would like to stay.

Once we are open, people can also sign up to the bed list at the Trinity Centre each day from 10am. Last year we didn't have to turn anyone who wanted a bed away and we were almost full every night – we hope to repeat that again this year! We will have 60 beds available this year.

Access to the night shelter

Please note, access to the night shelter is restricted to those people who are on our bed list, between 23rd and 29th December. We have security staff and only people on our list will be allowed into the courtyard/building.

The only exception to this is people staying at other shelters which are not open until later in the evening e.g. Spring of Hope, 365 Shelter. Those people can go onto our "food only" list and access the night shelter for dinner and breakfast. We'll issue wristbands to all those people via the shelter staff/volunteers.

The night shelter will be open access for breakfast (7am to 10am) and for dinner (6pm to 11pm) on 30th and 31st December only.

Between 23rd and 29th December, the Trinity Centre is open access all day so they can get food and other services, and we will have some food available that people can take away with them too. At the night shelter, we are prioritising people who would otherwise be sleeping rough to ensure they have a safe, calm place to stay over this period.