

Nature Works is a project focusing on engaging young people in a range of nature based therapeutic practices, run by OTR Bristol and working with a number of partner organisations such as New Roots Garden, Wildplace, Cultivate, St Werburghs City Farm and The Forest of Avon Trust. This includes conservation, nature connection and horticultural therapy. You can find out a little more about the project <u>here</u>.

Communications and data mapping volunteer

Nature Works is also looking to collect and present evidence on the innovative interventions we are providing. We want to find innovative and imaginative ways to gather feedback and measure outcomes from the young people that attend. Following on from that, the next stage will be to find ways to illustrate and communicate this to various stakeholders, not least the young people we haven't yet reached! We have a keen interest in driving forward the legitimacy and reach of nature-based interventions inside mental health services.

Alongside this, we are also looking to develop the social media presence of the project. We are looking to find someone who has interest in communications, social media and data mapping to develop the work our previous comms volunteer undertook last year and work alongside OTR's Nature Works Co-ordinator and Marketing, Communications and Digital Manager to plan effective campaigns promoting Nature Works.

This voluntary role is flexible (we would ask for around a day per week in some form) and will involve some regular visits to the aforementioned drop-in and potentially to the settings in which we undertake partner work. In doing so this volunteer will gain a broad sense of the various ways in which Nature Works is operating. In doing so you will have the opportunity to help craft and weave a narrative around this work and enable us to better communicate the importance and efficacy of nature based therapeutic interventions.

The role will encompass the following:

- Despite this perhaps being a more office-based role, experience or at least desire to work with young people in the outdoors would be beneficial as there will be some face to face working with young people
- Please refer to the above role description to have a sense of what will be expected when attending the drop in
- Alongside this remote and or flexible working would be desirable, there may be opportunities to
 do some work in the office or do some from home
- Regular phone, email or face to face meetings with the Nature Works project coordinator will be necessary
- Experience of social media platforms, database and spreadsheet creation, Canva or other graphic design software

In addition we would ideally like a minimum of around four months commitment to ensure both the young people and the volunteer team have stability and can provide the most consistent and fulfilling experience for all.

In return you can expect:

- Experience and guidance in supporting young people to improve their wellbeing within an established mental health charity
- Gain access to high quality internal OTR training, including safeguarding (mandatory)
- A DBS check
- References for future roles available

If you're interested in volunteering for any of the above please contact Tim George on 07496 862533 or email your CV and include a few words explaining why you'd like to be involved to: tim@otrbristol.org.uk