

OTR'S BELIEFS

OTR's beliefs, collectively developed across the organisation, underpin our work as a **mental health social movement**. At all times, OTR strives to give a choice and a voice to young people:

1

We believe that our offer should be inclusive of all cultures and identities.

OTR's work not only recognises but actively celebrates diversity.

3

We believe that the world around us impacts our wellbeing.

We all have mental health. OTR places our wellbeing in a social, political and environmental context.

2

We believe that young people have unique strengths, interests and circumstances.

OTR will continue to develop creative and diverse services to give young people choice.

5

We believe in innovating and evolving to improve our offer for young people.

Throughout our long history we have adapted to an ever-changing world and we will continue to do so to ensure our work remains relevant for young people.

4

We believe in placing young people at the heart of our work.

OTR's work is guided by young people's voices; empowering and mobilising young people to make change, both individually and collectively.

6

We believe that relationships are what make the difference.

OTR's approach centres around relationships between individuals, peers and communities.

7

We believe in the power of partnerships.

OTR emphasises peer relationships and organisational collaboration to improve young people's mental health.

OTR

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