



# ***LGBTQ+ SUPPORT SERVICES***

## ***YOUNG PEOPLE***

**Freedom** | [otrbristol.org.uk/freedom](http://otrbristol.org.uk/freedom)

OTR's gender and sexuality social action project for young people aged 11-25 in Bristol and South Gloucestershire who are LGBTQ+ or questioning their identity.

**Gendered Intelligence** | [genderedintelligence.co.uk](http://genderedintelligence.co.uk)

Community support for trans, non-binary and gender-diverse young people.

**Creative Youth Network** | [creativeyouthnetwork.org.uk](http://creativeyouthnetwork.org.uk)

Offers LGBTQ+ groups in Hanham (South Gloucestershire) and Bedminster (South Bristol) for young people aged 11-19.

**Alphabets** | [diversitytrust.org.uk/young-peoples-services](http://diversitytrust.org.uk/young-peoples-services)

An LGBTQ+ youth group in Yate (South Gloucestershire) for young people aged 13-19.

**LGBT Foundation** | [lgbt.foundation](http://lgbt.foundation)

National charity giving LGBTQ+ advice and support.

**Pink Therapy** | [pinktherapy.com](http://pinktherapy.com)

An online directory of private qualified therapists who are LGBTQ+ friendly.

**North Somerset LGBT+ Forum** | [nslgbtforum.com](http://nslgbtforum.com)

Charity offering support groups for LGBTQ+ young people aged 13+ in North Somerset and their families.

**Meeting Minds** | [bristolmind.org.uk](http://bristolmind.org.uk)

Low cost counselling for LGBTQ+ individuals aged 18+.

**Being Gay is OK** | [bgiok.org.uk](http://bgiok.org.uk)

Practical information and advice for LGB under 25s.

## ***SPECIFIC SERVICES***

**Terrence Higgins Trust** | [tht.org.uk](http://tht.org.uk)

Provides support for LGBTQ+ individuals around HIV and sexual health.

**Regard** | [regard.org.uk](http://regard.org.uk)

Information for LGBTQ+ people who self-identify as disabled.

**Hidayah** | [hidayahlgbt.co.uk](http://hidayahlgbt.co.uk)

Support, information and advice for LGBTQ+ muslims.

**Kiki** | [facebook.com/kikisocials](https://facebook.com/kikisocials)

Social spaces for queer, trans and intersex people of colour.

**Micro Rainbow** | [microrainbow.org](http://microrainbow.org)

Services for LGBTQ+ refugees and asylum seekers.

**Pride Without Borders** | [bristolrefugeerights.org](http://bristolrefugeerights.org)

Support and social activities for LGBTQ+ refugees and asylum seekers in Bristol.

**akt** | [akt.org.uk](http://akt.org.uk)

Supporting LGBTQ+ young people aged 16-25 who are at risk of homelessness.

**Stonewall Housing** | [stonewallhousing.org](http://stonewallhousing.org)

Housing advice for anyone identifying as LGBTQ+ in England.

**Prism** | [bdp.org.uk](http://bdp.org.uk)

A free LGBTQ+ alcohol and drug support service run by BDP.

## ***STUDENTS***

**UWE LGBT+ Society** | [thestudentsunion.co.uk](https://thestudentsunion.co.uk)

Society for LGBTQ+ students studying at UWE Bristol.

**UWE Wellbeing Service** | [uwe.ac.uk](https://uwe.ac.uk)

Mental health and wellbeing support for students studying at UWE Bristol.

**Bristol ResiLife & Student Wellbeing Service** | [bris.ac.uk](https://bris.ac.uk)

Mental health and wellbeing support for students studying at the University of Bristol

**Bristol SU LGBTQ+ Society** | [bristolsu.org.uk](https://bristolsu.org.uk)

Society for LGBTQ+ students studying at the University of Bristol.

**Bristol SU LGBT+ Network** | [bristolsu.org.uk](https://bristolsu.org.uk)

Provides an opportunity for self-identifying students to socialise, campaign and discuss LGBTQ+ issues.

**Bristol SU Trans Network** | [bristolsu.org.uk](https://bristolsu.org.uk)

Provides an opportunity for self-identifying students to socialise, campaign and discuss trans issues.

## ***PARENTS, CARERS AND FAMILIES***

**FFLAG** | [fflag.org.uk](https://fflag.org.uk)

Information and support for parents and carers of those who identify as LGBTQ+.

**Mermaids** | [mermaids.org.uk](https://mermaids.org.uk)

Information and support for trans and gender-diverse young people and their families.

## ***HELPLINES AND WEBCHATS***

**Mindline Trans+** | [bristolmind.org.uk](http://bristolmind.org.uk) | 0300 330 5468

Free, confidential helpline for anyone identifying as trans, non-binary or gender diverse.

**LGBT+ Switchboard** | [switchboard.lgbt](http://switchboard.lgbt) | 0800 0119 100

Free, confidential helpline for those that identify as LGBTQ+.

**Intercom Trust** | [intercomtrust.org.uk](http://intercomtrust.org.uk) | 0800 612 3010

Free, confidential helpline for LGBTQ+ people in the South West.

**Mindout** | [mindout.org.uk](http://mindout.org.uk) | 01273 234 839

Helpline and webchat helping you navigate the LGBTQ+ support available.

## ***DISCRIMINATION AND HATE CRIME SERVICES***

**Bristol Hate Crime and Discrimination Services** | [bhcds.org.uk](http://bhcds.org.uk)

A partnership of six organisations (including OTR) offering a complete service for victims of hate crime and discrimination.

**GALOP** | [galop.org.uk](http://galop.org.uk)

LGBTQ+ anti-violence charity offering support around hate crime.

**SARI** | [sariweb.org.uk](http://sariweb.org.uk)

Support, advocacy and guidance for anyone who has been the victim of a hate crime.

**EACH** | [each.education](http://each.education)

A charity offering support to people affected by homophobia, biphobia and transphobia.